

**SUPERCHARGE
YOUR**
Prayer Life

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Your Prayers Matter!

Many people find themselves in a prayer rut. They've tried various prayers, but their words feel empty. While they still believe in prayer, they're not seeing much change and if they're honest, it's starting to affect their faith.

If that's you, or if you know someone who's confessed that, it's okay! I've been through a lot of seasons, and I know what that emotion feels like. But the Lord has shown me a different reality, and that's one of the reasons why I'm writing this guide!

In one of my heavenly encounters, God showed me what is happening in Heaven with those who are praying.

I was taken into Heaven, and in a vision, I saw a place where prophetic revelation was flowing from Heaven to Earth. It was not just going to prophets, but to people everywhere.

People were receiving it through different means, which seemed to be unique for each person. I saw revelation coming to people through dreams and visions ... and others, through the Bible. One area was dedicated to sending revelation to the intercessors who would pray over it.

Many of them did not recognize they were receiving high-level prophetic insight from Heaven, and they were part of a well-planned and organized network helping sustain the world.

The Lord was sending His revelation to those who would listen and pray.

I saw lights over certain cities and homes and knew they were all strategic in this process.

I saw on maps that people were positioned as Ezekiel 33 watchmen.

The majority of these were women, and they did not have a title or recognition of their authority on Earth. But they were ordained by the Lord to keep watch for the attacks of the enemy and listen for strategies from Heaven to stop these attacks and disasters.

These watchers had angels assigned to them and moved in great authority in prayer. I was able to read the profiles of some of these strategic watchmen.

Sadly, leaders had rejected most of them. God was still using them, though, and they were being credited for stopping terrorism, accidents and destruction from coming on people.

I hope this encourages you when you pray. Your prayers matter and God is using you strategically, even if you are not aware of it.

This is why I wanted to put together this guide for you—to share some of the most valuable aspects of prayer that I have learned through the years. And I hope that it will help you realize the power and effectiveness you carry for what God has given you to do.

Secrets to Powerful and Effective Prayer

Perhaps you've found yourself wishing that you could just "crack the code" to life-changing prayer. Maybe you've even studied the previous moves of God and the men and women of God who have brought Heaven to Earth.

There are many keys that we can learn by doing this and I want to reveal some to you!

Right now, we are in a major spiritual transition and there are a lot of uncertainties in the world. But God is releasing new strategies to align us with the coming revival!

God spoke to me that it is possible to break the power of fear, violence and negativity that rules the world today. The power of God's love and acceptance is greater!

The key is to allow the Lord's love and light to rule in our own lives.

There is no formula, however ...

David Yonggi Cho, a South Korean Christian minister and founder of the largest congregation in the world—Yoido Full Gospel Church—established a major prayer mountain that shifted the spiritual atmosphere over South Korea. When asked about his secret to success he said, "I pray, and I obey."

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. 2 Chronicles 7:14 NIV

This sounds simple, but we often overlook the simple things! There is no proper formula or model to follow to pray effectively.

What matters is that you connect with the Lord as you would in a relationship with someone on Earth. It is good to talk with God like a son or daughter to a father.

Steps to pray more effectively:

1. Get real and open with God. Talk from your heart. Be like a person having a conversation with a father or a friend.
2. Create a list of Bible verses that have meaning for you or that back up your requests to God.
3. Write down prophetic words and promises that God has given you, especially the ones that have not yet come to pass.
4. Keep a record of your needs and prayers and the ways God is answering.

Pray continually

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16–18 NIV

You can be in constant prayer and interaction with the Lord throughout your day.

Use worship songs and Bible verses as prayers to the Lord. Go beyond asking for your needs and pray for those around you and people in your life.

How to Supercharge Your Prayer Life

Do you believe prayer changes things?

Of course you do!

And deep down, the Holy Spirit is probably speaking to you right now that your prayers are more powerful than you know!

Most of us know that prayer can change everything and anything! But it is sometimes difficult to make prayer a priority.

Here is my personal outline to help you streamline your prayer time. You don't have to stick completely to this—and the outline will change depending on what's happening in your life—but it's a great place to start!

Start with worship and declarations

As you begin to worship God and declare Bible verses, you prepare your heart and mind to receive what He has for you.

These are a few of my favorite verses to pray and declare:

Read: *There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. We love Him because He first loved us.* 1 John 4:18–19 NKJV

Prayer: Lord, I worship and praise You for all You've done in my life. I declare this verse over myself, my family and my friends. I take authority over the spirit of fear, cast it out and invite perfect love in.

Read: *The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord's favor.*

Luke 4:18–19 NIV

Prayer: Lord, anoint me to proclaim Your good news and help release people from darkness.

Ask God to search you and confess any sins

It's important when you come before the Lord that you are humble, willing to admit any mistakes and ask for forgiveness. This is to make sure your heart and spirit are clean.

Read: *Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting.*

Psalms 139:23–24 NIV

Prayer: Lord, search my heart and show me if there is anything I need to confess.

When God shows you something, just ask Him to forgive you and break any agreement with the plans of the enemy over your life.

Ask the Lord to reveal what is tripping you up

Oftentimes, the things that are keeping us stuck or holding us back from God's best plan for us are things others (or the enemy) are doing to block us. You can ask God to show you the plans of your enemies—and He will!

Read: *Then the Lord told me about the plots my enemies were making against me.*

Jeremiah 11:18 NLT

Prayer: God, show me what the enemy doesn't want me to see!

As you decree these things, the Lord will give you a strategy to break through, and He will shut the mouth of the accuser (Satan) so you can have more authority in your prayers.

Take your position in Christ

Remembering who you are and grabbing hold of your identity in Christ will help you move forward and have more power in your prayers.

And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus.

Ephesians 2:6 NIV

I can do all things through Christ who strengthens me. Philippians 4:13 NKJV

No weapon that is formed against you will prosper; and every tongue that accuses you in judgment you will condemn. Isaiah 54:17 NASB

Prayer: Lord, I am seated in heavenly places with You right now. Thank You for giving me strength to keep going no matter what happens today or who may disagree or oppose me.

Remember, God is on your side, and He wants you to win. Once we embrace this as truth and begin declaring His word over our lives, we increase the power and effectiveness of our prayers.

Bring personal requests

After you take the steps listed above, it's time to bring your personal situation and circumstances to the Lord in prayer.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6–7 NIV

Prayer: Lord, I bring my requests to You (*list requests specifically*). I pray the blood of Jesus over all that I am and own. I ask that each person I pray for (*list them by name*) would receive visitations, revelation, restoration, salvation and healing. Lord, I remind You of Your promises and my unanswered prayers ...

Test this out in your own life

I hope this prayer outline gives you a great place to start so you can pray more powerfully and effectively.

I encourage you to take just 10 minutes today and try out this new prayer outline. You can even try it out for a full week and see what a difference it can make for your prayer life.

Increase Your Power and Peace

We all want to see the effect of our prayers. We want to see things shift and we want to see people's hearts changed. We want to see God's glory on the Earth—and we can!

I was praying the morning of June 12, 2016—the day of the Pulse nightclub shooting. It was the most tragic shooting in Florida's history and 49 people died. The Lord took me into a time of prayer and revealed specific prayer strategies. He told me to decree and declare that mass shootings would not manifest.

Later that day—a mile from my house in Santa Monica, California—a man from Indiana was pulled over in a car. He was on his way to the Gay Pride Day festivities to shoot as many people as he could. He had many guns in his car, but his plan was stopped.

The Lord then said to me, “I want you to teach people to do what you do, and we can stop these terrible outbursts of fear and terror.”

Fear and terror attacks

The enemy is trying to bring fear and terror into the world. He's not only doing this through things like the pandemic, mass shootings and economic uncertainty, but even through the internet and how we interact with one another in public.

But there is good news in the midst of this!

We can do something to break off this spirit of fear and terror and increase your power and peace.

3 strategies you can use right now

1. Stay on the offense instead of the defense.

Remember that you have authority in God! Ask God to remove the attacks of the enemy but be careful not to enter into unnecessary battles.

Keep your focus on the Lord and remember that you have the high ground.

The prayer of a righteous person is powerful and effective. James 5:16 NIV

2. Our battle is not with other people.

It's important not to spend our time blaming others for what's wrong in the world. Sometimes we can even get angry with God. The enemy wants to shift your focus from the real issues by getting you distracted.

If you have been angry with God or other people, it may be time to slow down and take a time-out. Ask God to help you focus your eyes back on Him and all the good things He has for you and others!

For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. Ephesians 6:12 NKJV

3. There is power in agreement.

You are not in this alone! Reach out to those around you and ask them to join you in powerful, positive and passionate prayer.

For where two or three gather in my name, there am I with them. Matthew 18:20 NIV

These strategies are not just for intercessors, but for anyone who has suffered losses and for those who are tired of turning on the news and hearing about yet another tragedy.

See and Pray from God's Perspective

Have you felt discouraged lately or even let down by God?

That's a common attack that the enemy tries to bring, but the Lord wants to give you new eyes to see!

Many times, we can't see the full picture of what God is doing in our lives because we aren't able to see things from His perspective yet. But right now, the Lord wants to take off the "blindness" and restore your vision.

After this I looked, and there before me was a door standing open in heaven. And the voice I had first heard speaking to me like a trumpet said, "Come up here, and I will show you what must take place after this." Revelation 4:1 NIV

Think about how much more clearly you are able to see your surroundings when you're standing on top of a mountain instead of standing in a valley. God wants us to come up higher to where He is, so we can fully see and understand the wonderful plans He has for us!

Look up, not down

Sometimes we focus our eyes downward at what's wrong with our situations and circumstances. We forget that God is waiting for us to look up to where He is!

I lift up my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth. Psalm 121:1–2 NIV

God wants to answer your cries for help!

Many people are still living the storyline of their past or trying to deal with their present struggles because they are in pain.

God sees you and your painful situations, and He will not leave you alone. God is for you! And if God is for you, who can be against you (Romans 8:31)?

Don't give up hope

This is not a time to give up hope. You may feel like you've experienced loss after loss and simply don't want to continue hoping, only to be disappointed again. But just when you feel like you're breaking down—God brings a breakthrough!

You can choose to live each day with gratitude and joy. Focus your hope on the future instead of your current situations and circumstances. That may seem like it's easier said than done, but—in your joy—God will release new strength!

Things can turn around for you in a moment! But focusing on your pain will keep you so distracted that you can accidentally miss the blessings God is trying to release to you!

Prayer strategy

You can use this prayer strategy to help you gain insight. For example:

God, I ask You to ...

- reveal which promises are for now and which are for later (timing).
- show me what the enemy does not want me to see (discernment).
- allow me to be seen as You see me, not as the enemy wants me to be seen (favor).
- repay and release what was stolen and held back by the enemy (justice).
- show me practical ways to respond to You (wisdom).

Keep your focus on what is ahead and forget the things that lie behind. God gives us new grace and mercy every morning—and every new hour, minute and second.

Final Thoughts

There are many reasons why we need to pray ... I don't need to outline those in detail here, but here's the main thing God wants you to know and believe ...

Prayer is the most powerful weapon you have in your arsenal as a believer. When you activate the power of prayer and truly find the rhythm that creates effective results, then you will experience the breakthrough you need.

Prayer is the solution to every problem you will encounter in life. It is also the solution to the issues we face in the world.

I encourage you to STEP UP in prayer and begin to facilitate the change you want to see, not only in your own life, but in the world around you.

Prayer can produce results that you've never thought were possible. It makes the seemingly impossible ... possible.

Jesus looked at them and said, "With man this is impossible, but with God all things are possible." Matthew 19:26 NIV

When faced with insurmountable and impossible circumstances, take it to the Lord in prayer. Because prayer changes things.

More Resources On Prayer & Breakthrough



I hope you've enjoyed this free guide. If you would like to continue your pursuit of powerful and effective prayer strategies and get even more tools to help transform and change your life ... then check out my [Breakthrough Prayer Kit](https://DougAddison.com/PrayerKit) and create transformation in your life through the power of prayer!

About the Author

Doug Addison is the founder and president of InLight Connection. Doug is a prophetic speaker, author and coach. He is best known for his *Daily Prophetic Words* and *Spirit Connection* podcast and blog. Doug's message of love, hope and acceptance reaches people around the world! His powerful, lighthearted style of teaching and coaching helps open people to discover their spiritual identity and personal destiny as they experience God's supernatural love and power. He and his wife Linda live in Los Angeles, California where they are impacting the arts and entertainment and media industries.

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