

Discover strategic Bible verses to pray and
apply to your life for radical change

the secret to overcoming *anything*

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The Secret to **Overcoming** Anything

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and apply to your life for radical change.

Doug Addison

Many people are struggling with hearing the voice of God. Stress and anxiety can cloud our ability to hear the Lord clearly.

There is a secret weapon to overcoming nearly any situation. It's found in the Bible, but most people are not aware of it or don't know where to start.

Once I discovered strategic Bible verses to pray and apply to many situations I faced, my life changed radically. Yours can change too.

My story

I was overwhelmed and experiencing extensive spiritual warfare. One of my spiritual mentors suggested that I pray and decree Psalm 91 and other Bible verses.

At first I did not understand it, but as I began to focus on strategic Bible verses, and praying and worshiping the Lord, I had a radical breakthrough.

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.' Psalm 91:1–2 NIV

I knew that I needed rest and refuge from the storms and attacks. I began to pray the verses on a regular basis and I personalized them. I would often put my name in the Bible verses and pray them out to the Lord.

Example from Psalm 91:1–2:

Whoever dwells in the shelter of the Most High “Doug” will rest in the shadow of the Almighty. “Doug” will say of the Lord, “*He is my refuge and my fortress, my God, in whom I trust.*”

This is called decreeing or personalizing Bible verses.

“You will also declare a thing, and it will be established for you; so light will shine on your ways.” Job 22:28 NKJV

When you pray and declare or decree Bible verses, the Lord will establish things and shine light on your ways.

You don't have to put your name in it unless you want to. Praying Bible verses the way they are written is also very powerful.

These are some of my favorite Bible verses you can use to pray. My life has changed, and the Lord continues to bring deeper healing, revelation and understanding.

Commanding into place

"For he spoke, and it came to be; he commanded, and it stood firm." Psalm 33:9 NIV

The Lord is speaking right now, commanding things in your life to stand still and firm. The Lord and His Word are a firm foundation for you.

What changes in your life do you need God to intervene or help with?

Ask the Lord to show you which Bible verses to pray. Or you can pray these.

Angels of the Lord

"For he will command his angels concerning you to guard you in all your ways." Psalm 91:11 NIV

Every verse of Psalm 91 is very powerful. The Lord is commanding His angels and guarding you. You don't have to necessarily see angels. Trust the Lord that they are there for you.

Relief and mercy

"Lord, hear my prayer, listen to my cry for mercy; in your faithfulness and righteousness come to my relief."

Psalm 143:1 NIV

The Lord wants you to cry out and pray for mercy and relief from your troubles. He is faithful and will protect you, no matter what is happening in your life.

Help with anxiety

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." Philippians 4:6 NIV

Praying and petitioning the Lord will help you with stress and anxiety. Giving thanks, praising the Lord, singing and worshiping will also help.

Do not fear

"Do not be afraid, little flock, for your Father has been pleased to give you the kingdom." Luke 12:32 NIV

"Do not fear" or *"do not be afraid,"* appears many times in the Bible. Jesus Himself tells us that we can trust Him.

“I will not fear though tens of thousands assail me on every side.” Psalm 3:6 NIV

Do your best to not be afraid. The Lord is with you, no matter how things look or feel.

The Lord is working

“Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.”
Philippians 1:6 NIV

Trust the Lord and be confident that He is working in you through things. This verse also indicates that sometimes it’s a process. The Lord will carry things out to completion as we pray. The Lord is working things out for the good.

The Spirit of truth

“But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.”
John 16:13 NIV

The Lord will guide you into the truth. Ask the Lord—Who is the Spirit of truth—for revelation into your situation.

Deep things of God

“These are the things God has revealed to us by his Spirit. The Spirit searches all things, even the deep things of God.”
1 Corinthians 2:10 NIV

Ask the Holy Spirit to reveal deep things, revelation and understanding. Write down what you are hearing.

Greater understanding

“Give me understanding, so that I may keep your law and obey it with all my heart.” Psalm 119:34 NIV

The Lord will help you with things that have been troubling you. He will teach you and help you with struggles and obedience.

What you should do

“Pray that the Lord your God will tell us where we should go and what we should do.” Jeremiah 42:3 NIV

The Lord will help you and show you where you should go and what you should do. This is a great Bible verse to decree and pray.

Call on the Lord

“Call to me and I will answer you and tell you great and unsearchable things you do not know.” Jeremiah 33:3 NIV

The Lord is speaking all the time. We just need to call on Him and He will reveal great things we do not know. Keep in mind, it is often a process, and we may not hear everything as clearly as we want to. That’s why it’s important to be consistent and keep a written record of what we are hearing. Also ask God for confirmation. Discuss it with others and do not be discouraged.

Trust it will work out

“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”

Romans 8:28 NIV

If bad things happen, it is important to not blame God and trust that He is working everything out in your favor. It may take time, and it is often a process, but the Lord loves you.

God loves you

“The Father himself loves you because you have loved me and have believed that I came from God.” John 16:27 NIV

Jesus said, “The Father loves you.” Love is the key to everything.

“Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.” Matthew 22:37 NIV

“And now these three remain: faith, hope and love. But the greatest of these is love.” 1 Corinthians 13:13 NIV

Having faith, loving and putting your hope in God will help you in any situation.

Steps to hearing God

- Take time to pray, no matter how much. Just do it.
- Read the Bible.
- Write down what you sense God is saying.
- Share with others.
- Worship and praise the Lord.

Next steps

I hope this has helped shed light upon how you can overcome any situation by praying and decreeing the Bible.

You can change your life right now!



Check out my *Spirit Connection* podcast and blog, social media and the training resources at our website DougAddison.com.